



**105.3 EZ Rock
2010 EZ Rock Unsung Hero Awards Nomination Form**

As part of National Women's Week celebrations each year, the EZ Rock Unsung Hero Awards recognize the outstanding accomplishments of women in our community in the five unique areas including:

- Advocacy for Women's Rights,
- Community Activism
- Peer 2 Peer Leadership
- Role Model
- Volunteerism.

The 2010 EZ Rock Unsung Hero Awards will be presented March 7th during the Women's Market & Trade Show at Market Square a fundraiser in support of the Sudbury Women's Center.

Please provide the following information along with 2 – 6 paragraphs that explain why your nominee makes a difference in our community.

Date:

Nominee Name:

Nominee Job Title & location (if applicable):

Phone Number:

Email:

Your name:

Phone Number:

Email:

Nomination deadline is 5:00 PM March 1st... Submit to:
Fax: 705-560-7232 Email: Michael.allard@rci.rogers.com
By mail or in person at: 880 Lasalle Blvd Sudbury, ON P3A 1X5